



# **CHRIST THE KING**

## **Residential Care Homes**



### **Abbey Lodge**

60 Brighton Road  
Coulston, CR5 2BB

Tel: 020 8764 9045



**Service user group: 18-65**

**Category of Registrations:** Accommodations  
for those in need of Personal Care

**Speciality of Care:** Rehabilitation

**24-hr Wake In Support Staff**

## THE HOME

Abbey Lodge supports 9 Service Users aged between 18-65 years, who are in need of a period of continued rehabilitation, following discharge from hospital or other institutional settings.

The house is located in a residential area within walking distance from Coulsdon High Street and about three minutes' walk from Coulsdon Town Train station and 10 minutes walk from Coulsdon South Train Station. The house is a large single fronted detached building with a large back garden.

Christ the King Residential Care Homes is registered and in compliance with the Care Quality Commission since 2004.

## INSIDE THE HOUSE

Abbey Lodge is a spacious and attractive Care Home. All the facilities meet the regulations laid out in the Care Standards Act 2000. Designed to give each service user their own privacy and space, the large kitchen diner allows all service users to integrate within the home also.

## BEDROOMS

There are 9 bedrooms Abbey Lodge, which are all fully furnished to a high standard. The service user will be the only person to have access to his/her bedroom, however staff may need to enter on the following grounds:

- In the event of an emergency
- For health and safety reasons
- If they have the occupant's permission



Individual service users will be able to meet other service users and integrate into the community by getting involved in different activities in the local community, either by going to a day centre, college, gym or by being assisted to find work or work experience.

Staff will be able to help service users to organise this. The staff will also help with other issues such as:-

- Medication management and compliance to treatment
- Physical health needs
- Monitoring and managing substance misuse problems
- Activities to help manage Health issues/ anxieties
- Daily living skills, such as attending to personal hygiene, shopping, cooking, budgeting etc
- Career development/ CV writing
- Laundry Services
- Leading and Teaching Classes to other service users such as Art.
- Indoor activities such as weekly exercise classes
- Fictional story writing classes

## SUMMARY OF RESOURCES

- Christ the King Residential Care Homes will offer the following to all service users:
- An individual Care Co-ordinator/ key worker assigned to each Service User.
- A Care Manager to ensure the smooth operation and running of the Home.
- Accurate record keeping on all service users.
- Continuous partnership between service users and his/her Care Co-ordinator.
- Holistic Care Planning targeting at the service user's re-introduction to his/her community.
- Three monthly review meetings involving members(s) from the service user's funding authority.
- Weekly house meetings for Service Users.
- Support to service users to learn new skills or acquire qualifications through outside agencies, colleges and appropriate workplaces.
- Working in partnership with the service user, the Multi- disciplinary team (i.e. CPN, Social Workers, psychiatrist, support staff etc), families and relevant outside agencies.
- Preparation of meals by staff with assistance from Service User

## **ACHIEVING POSITIVE OUTCOMES**

At Christ the King we focus on encouraging people to take control and have belief in their potential, we can make positive outcomes a reality for all our service users, regardless of their age or presumed ability. Promoting our service user's ability is key to our Recovery Model.

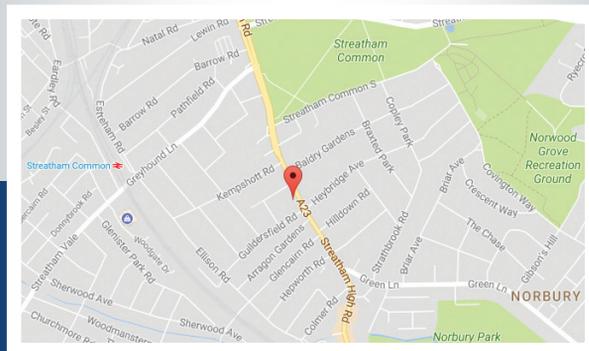
We create pathways that support our service users into community living, delivering measurable results for both local authorities and our services user. This enables us to help the people we support to lead fulfilled, independent lives. By working together, we can make a real and lasting difference.



## **CONTACT US**

### **Christ the King Residential Care Homes**

546 Streatham High Road  
Streatham  
London, SW16 3QF



### **CTK Residential Care Homes – Streatham**

68 Tankerville Road,  
Streatham, SW16 5LP  
Tel: 020 8764 9045

### **Sylvanhurst House**

25 Addington Road, Sanderstead,  
South Croydon, CR2 8RF  
Tel: 020 8657 6860

### **Abbey Lodge**

60 Brighton Road,  
Coulson, CR5 2BB  
Tel: 020 8764 9045

