



CHRIST THE KING

Residential Care Homes



Sylvanhurst House

25 Addington Road, Sanderstead
South Croydon, CR2 8RF

Tel: 020 8657 6860



Service user group: 18+

Category of Registrations: Accommodations
for those in need of Personal Care

Speciality of Care: Rehabilitation

24-hr Wake In Support Staff

THE HOME

Sylvanhurst House supports 6 Service Users aged 18+ years, who are in need of a period of continued rehabilitation, following discharge from hospital or other institutional settings.

The House is located in a residential area within walking distance from Sanderstead's 'Limpsfield Road' local amenities. The home also 5 minutes walk from Sanderstead Train Station, 10 minutes walk to Purley Oaks Train Station and 10 minutes drive from South Croydon Train Station. The house is a large double fronted detached building with a large back garden with space allocated for Service User garden allotments.

Christ the King Residential Care Homes is registered and in compliance with the Care Quality Commission since 2004.

INSIDE THE HOUSE

Sylvanhurst House is a spacious and attractive Care Home. All the facilities meet the current regulatory Standards. The home is designed to give each service user their own privacy and space with great focus on developing people's Activities of Daily Living skills. The home has a large kitchen and a large open dining area. A 2 station computer room for up to 2 Service Users at one given time. A Sensory/ Quiet time room with library facilities. Allocated kitchen space for Service User led cooking classes to improve our service user's cooking skills aiming at promoting people's independence as part of their recovery journey with us.

BEDROOMS

There are 6 bedrooms Sylvanhurst House, which are all fully furnished to a high standard. The service user will be the only person to have access to his/her bedroom, however staff may need to enter on the following grounds:

- In the event of an emergency
- For health and safety reasons
- If they have the occupant's permission



Individual service users will be able to meet other service users and integrate into the community by getting involved in different activities in the local community, either by going to a day centre, college, gym or by being assisted to find work or work experience.

Staff will be able to help service users to organise this. The staff will also help with other issues such as:-

- **Medication management and compliance to treatment**
- **Physical health needs**
- **Monitoring and managing substance misuse problems**
- **Activities to help manage Health issues/ anxieties**
- **Daily living skills, such as attending to personal hygiene, shopping, cooking, budgeting etc**
- **Career development/ CV writing**
- **Laundry Services**
- **Leading and Teaching Classes to other service users such as Art.**
- **Indoor activities such as weekly exercise classes**
- **Fictional story writing classes**

SUMMARY OF RESOURCES

- Christ the King Residential Care Homes will offer the following to all service users:
- An individual Care Co-ordinator/ key worker assigned to each Service User.
- A Care Manager to ensure the smooth operation and running of the Home.
- Accurate record keeping on all service users.
- Continuous partnership between service users and his/her Care Co-ordinator.
- Holistic Care Planning targeting at the service user's re-introduction to his/her community.
- Three monthly review meetings involving members(s) from the service user's funding authority.
- Weekly house meetings for Service Users.
- Support to service users to learn new skills or acquire qualifications through outside agencies, colleges and appropriate workplaces.
- Working in partnership with the service user, the Multi- disciplinary team (i.e. CPN, Social Workers, psychiatrist, support staff etc), families and relevant outside agencies.
- Preparation of meals by staff with assistance from Service User

ACHIEVING POSITIVE OUTCOMES

At Christ the King we focus on encouraging people to take control and have belief in their potential, we can make positive outcomes a reality for all our service users, regardless of their age or presumed ability. Promoting our service user's ability is key to our Recovery Model.

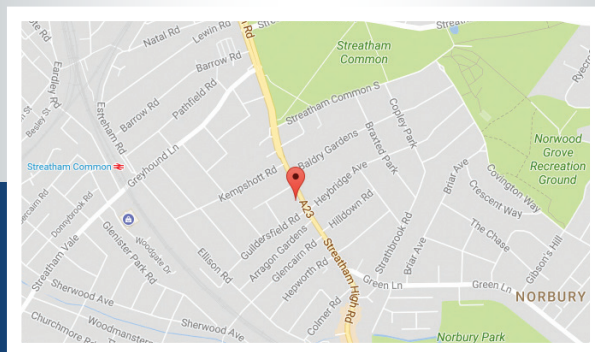
We create pathways that support our service users into community living, delivering measurable results for both local authorities and our services user. This enables us to help the people we support to lead fulfilled, independent lives. By working together, we can make a real and lasting difference.



CONTACT US

Christ the King Residential Care Homes

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Streatham
London, SW16 3QF**



Sylvanhurst House

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South Croydon, CR2 8RF
Tel: 020 8657 6860**

Abbey Lodge

**60 Brighton Road,
Coulston, CR5 2BB
Tel: 020 8764 9045**

St Augustine's House

**76 St Augustine's Avenue,
South Croydon, CR2 6JH
Tel: 020 8764 9045**